



	Sunday	Monday		Tuesday	Wednesday	Thursday	Friday
9am - 9.30am		Sailing clinic		Sailing clinic	Sailing clinic	Sailing clinic	
9.30am - 10am		Beginner race clinic Intro to 5 marks Starts & the 1st beat / lay lines	Intermediate race clinic Tuning to the conditions Start line & mark rounding	Race Brief	Race Brief	Race Brief	Race team briefing
10am - 10.30am	Resort beach briefing	Beginner on water race clinic Coaching sessions	Intermediate on water race clinic Coaching sessions	Handicap race AM series Race 1, 2 & 3	Handicap race AM series Race 4, 5 & 6	Handicap race AM series Race 7, 8, 9 & 10	Team racing Round Robin
10.30am - 11am	Race Week briefing & registration						
11am - 11.30am			Intermediate team racing				
11.30am - 12pm	On the water Shake down sail Start line practice 5 essentials		Beginner session debrief				
12pm - 12.30pm							
12.30pm - 2pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
2.30pm - 3pm	Beginner & intermediate clinic Starts & boat handling	Beginner race clinic 5 essentials Mark rounding & basic tactics	Intermediate race clinic Upwind & downwind tactics	Race Brief	Race Brief	Race Brief	The BIG race Races 1, 2 & 3
3pm - 3.30pm	On the water Shake down sail Start line practice 5 essentials	Beginner on water race clinic Coaching sessions	Intermediate on water race clinic Coaching sessions	Handicap race PM series Race 1, 2 & 3	Handicap race PM series Race 4, 5 & 6	Handicap race PM series Race 7, 8, 9 & 10	
3.30pm - 4pm							
4pm - 4.30pm		Team racing					
4.30pm - 5pm			Session debrief				
6pm - 7pm	Q&A session @ the beach bar	Q&A session @ the beach bar		Pre-dinner drinks Staff match racing in the family pool	Q&A session @ the beach bar	Q&A session @ the beach bar	
7pm - 8pm	Pre-dinner drinks	Pre-dinner drinks			Pre-dinner drinks	Pre-dinner drinks	Prize giving
7.30pm - 10.30pm	Dinner	Regatta dinner		Dinner	Regatta dinner @ Pan Asian	Dinner	Dinner